

# GEFRI DARIANDO

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## ABOUT ME

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I am a Bachelor of Psychology graduate from Universitas Negeri Padang. Having experience in developing and implementing Industrial and Organizational Psychology, General Psychology, Fundamental Statistics, Interview, Basic Counseling Skills, Psychometry and Quantitative Research Methodology. I am looking for job opportunities that can develop and provide experience, I have high learning ability, adapt quickly, can work under pressure, can work with teams, and willing to be placed in all work areas of the company.

## EDUCATION

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### UNIVERSITAS NEGERI PADANG

Bachelor of Psychology

Cumulative GPA: 3.43/4.0

Padang, Sumatra Barat

August 2020 - September 2024

#### Relevant Coursework:

Industrial and Organization Behavior Fundamentals, Job Training Fundamentals, Psychological Test, Job Competency, Social Psychology, Fundamental Statistics, Quantitative Research Methodology and Basic Counseling.

#### Related Soft Skills:

Leadership, excellent communication, time management, analytical thinking, negotiation, and teamwork.

## WORK EXPERIENCE & PROJECT

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### Bintang Aktivistis Kampus, Universitas Negeri Padang

Selection Staff

Padang, Sumatra Barat

2022 - 2023

- Handled all administration process and selection activities for Bintang Aktivistis Kampus.
- Prepared paperwork and schedules for smooth selection process.
- Coordinated with stakeholders for good birocracy activities.

### Badan Penanggulangan Bencana Daerah Kota Padang

Intern Staff

Padang, Sumatra Barat

July 2023 – Sep 2023

- Handled all administration process and archiving activities.
- Prepared paperwork and schedules for smooth birocracy process.
- Coordinated with volunteers, provided training and guidance to ensure effective participation.
- Collaborated with local organizations and stakeholders to maximize the impact of service activities.
- Conducted psychoeducational activities on how to overcome stress problems in the workplace and was attended by all employees in the organization.
- Conducted psychoeducational activities on how to recognize and rarise awareness about signs of natural disasters and was held on many schools at Padang.

### Lentera Mandeh Psikologi

Voluntary Event Organizer

Padang, Sumatra Barat

February 2023

- Organized interactive sessions and activities to improve parenting abilities on new parents.
- Provided practical tools and learning resources to enhance parenting abilities based on 7C's of parenting (competence, confidence, connection, character, contribution, coping and control).
- Collected feedback from participants to continuously improve the event in next session.
- Monitoring the impact of event on family satisfaction and providing follow-up support as needed.
- Evaluated the effectiveness of event through participant feedback and follow-up sessions to ensure long-term impact.

**SEKAMPSI HMJ Department of Psychology, Universitas Negeri Padang**

Pariaman, Sumatra Barat

Community Service Facilitator &amp; Mentor

September 2021

- Developed community service projects that address local needs and enhanced social well-being among community.
- Coordinated with volunteers, provided training and guidance to ensure effective participation.
- Collaborated with local organizations and stakeholders to maximize the impact of service activities.
- Promoted the values of civic responsibility and social contribution among participants.

**Pelatihan Strategi Kepemimpinan Mahasiswa, Universitas Negeri Padang**

Padang, Sumatra Barat

Project Manager, Facilitator &amp; Mentor

Agustus 2022

- Led multi-teams to design, develop and enhance capabilities and soft skills on Universitas Negeri Padang's student.
- Organized interactive sessions and activities to enhance leadership abilities among participants.
- Coordinated with mentor, provided training and guidance to ensure effective participation.
- Promoted the values of "leader responsibility" and "social awareness" among participants.
- Monitored the impact of event on student abilities and evaluated campaign effectiveness through participants feedback.

**Talent Interest Class, Student Council BEM KM UNP**

Padang, Sumatra Barat

Facilitator &amp; Mentor

February 2022

- Designed and conducted talent workshops to increase talent capabilities among students participant at Universitas Negeri Padang.
- Developed informative materials such as brochures, posters, and presentations to support campaign objectives.
- Monitored the impact of event on student abilities and evaluated class effectiveness through participants feedback.

## ACTIVITIES

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**"Simulasi Tanggap Bencana", Badan Penanggulangan Bencana Daerah Kota Padang**

Padang, Sumatra Barat

- Played a crucial role in developing and executing emergency response plans.
- Collaborated with local authorities and emergency services to ensure realistic and effective simulation exercises.
- Conducted training sessions and workshops to educate community members on disaster preparedness and response.
- Evaluated the effectiveness of response strategies and identified areas for improvement.

July 2023

**"Pengembangan Wilayah 3T", Ekspedisi Kampus Kuning Universitas Negeri Padang**

Padang, Sumatra Barat

- Engaged in community development initiatives to improve infrastructure and education in underdeveloped areas.
- Collaborated with local leaders and stakeholders to identify key areas of need and implement sustainable solutions.
- Conducted field research and assessments to evaluate the impact of development programs on local communities.
- Facilitated workshops and training sessions for community members to promote self-sufficiency and skill development.
- Worked alongside a diverse team to ensure the efficient execution and monitoring of project activities.
- Monitored and evaluated campaign effectiveness through feedback and surveys.

2022 - 2023

**Workshop "Training of Trainer", Kuliah Kerja Nyata Universitas Negeri Padang**

Padang, Sumatra Barat

- Created Developed skills in team management, decision-making, and strategic planning using game-based training.
- Improved public speaking, active listening, and effective interpersonal communication on participants.
- Engaged participant in activities that promoted teamwork and the importance of collaboration in achieving team goals
- Built awareness about self-regulation, empathy, and conflict resolution among participant.

January 2023

## ADDITIONAL

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**Technical Skills** : Google Workspace, Microsoft Office, Canva, SPSS & JASP.**Languages** : Proficiency in English.